

MASTER OF ARTS IN MENTAL HEALTH COUNSELING (MA IN MHC)

Academic Year 2025-2026 Admission to the MA in MHC

TEDS is not admitting new students into the MA in MHC for the 2025-26 academic year.

MA in MHC Purpose

The Master of Arts in Mental Health Counseling (MA in MHC) is designed to enable the student to understand the nature and needs of human beings, to appreciate the differences between people, to become familiar with the methods and conclusions of psychology, to develop skills in counseling, and to integrate faith into counseling theory and practice. The program is a professional licensure track program to train students to become licensed mental health professionals.

Program Outcomes

Students graduating with a Master of Arts degree in Mental Health Counseling will be able to:

- Formulate Gospel convictions, a working Christian theology, and a contextualized faith within the counseling profession and academy.
- Articulate how counseling process, prevention, and clinical service delivery are an outgrowth of one's Christian ministry and vocation.
- Manifest empathy and respect for how social and cultural influences as well as individual differences impact development, functioning, and flourishing in diverse human persons created in the image of God.
- Synthesize a routine and professional development plan to pursue an identity as a helping professional that blends self-awareness with an understanding of role expectations (*Professional Counseling Orientation*).
- Commit to provide all counseling services within the ethical guidelines of a professional organization (e.g., American Association of Christian Counselors, American Counseling Association, Christian Association of Psychological Studies) (*Ethical Practice*).
- Display to faculty and supervisors the knowledge of theories and models of counseling, counselor characteristics, and interpersonal skills to function as a helping professional (i.e., establishing a therapeutic alliance; crisis intervention; conceptualizing cases; and applying relevant, evidence-based treatment approaches) (*Counseling and Helping Relationships*).
- Exhibit mastery of curricular domains within the comprehensive counseling curriculum (Human Growth and Development, Career Counseling, Group Counseling, and Assessment and Evaluation) (*Clinical Mental Health Foundations*).
- Read, interpret, evaluate, and critically apply scholarly research and evaluation models in the practice of mental health counseling (*Research/Program Evaluation*).
- Address in self, others, and human systems the brokenness of human relations by identifying patterns of oppression,

discrimination, and bias, whether deliberate or unintentional (*Social and Cultural Diversity*).

- Apply the knowledge and skills required for a specialty in mental health counseling (i.e., etiology, assessment, case conceptualization, diagnostic classification procedures, application of evidence-based treatments) (*Clinical Mental Health Counseling Practice and Contextual Dimensions*).
- Generate evidence of professional behavior, oral and written communication, treatment planning, clinical documentation, and reporting (*Clinical Mental Health Counseling Practice and Contextual Dimensions*).

MA in MHC Admission Requirements and Prerequisites

TEDS is not admitting new students into the MA in MHC for the 2025-26 academic year.

The admission requirements for the MA in MHC are those described in the Admission (<https://catalog.tiu.edu/evangelical-divinity-school/admissions/general-admission-requirements-masters-programs/>) section of the catalog and those specific to the MA in MHC program described below:

- An undergraduate major which includes 3 units of statistics.
- An undergraduate grade point average of 3.0 on a 4.0 scale.
- An interview with the TEDS Counseling Department faculty may be required.

MA in MHC Concurrent Degree Options

Students may desire to complete a second TEDS degree program with their MA in MHC degree, such as a MA/TS (<https://catalog.tiu.edu/evangelical-divinity-school/academic-life/masters-programs/ma/mats/>) or MDiv (<https://catalog.tiu.edu/evangelical-divinity-school/academic-life/masters-programs/mdiv/>). In such cases, an overlap of program requirements up to 50 percent of the shorter degree is permissible. For example, a student combining the MHC and MA/TS degree could overlap up to 21 units (50 percent of the 42 units required for the MATS) with the MA/TS. Such coursework would need to be carefully planned to ensure that the specific program requirements of each program are met. Consult "Degree Combinations or a Second TEDS Degree (<https://catalog.tiu.edu/evangelical-divinity-school/academic-life/information/>)" and the Counseling Department Chair for details.

MA in MHC Statute of Limitation

All requirements in the Master of Arts programs must be completed within five years of matriculation into the program. Petition to extend the statute of limitation may be made by a student to the Academic Exceptions Committee.

MA in MHC Candidacy Requirements

Admission to the Master of Arts programs must be followed by achievement of candidacy for the degree. Program candidacy occurs when:

- A minimum of 12 units in the program is completed with a minimum GPA of 2.5 for program course work after admission to the program.
- Completion of CO 5081.
- All entrance deficiencies and conditions are removed.

- After a review of student files for continued progress toward meeting graduation requirements, formal action is taken by the faculty to grant candidacy for the degree.

MA in MHC Graduation Requirements

In addition to the General Graduation Requirements for all master's programs, the following are required for the MA in MHC:

- Completion of all coursework in the program, including all co-curricular requirements, with a minimum cumulative grade point average for program course work of 2.5, with no coursework graded below a "C-" applicable to the degree.
- Successfully written major comprehensive exam.
- Completion of the Biblical and Theological Studies course sequences to meet the general comprehensive requirements in Old Testament, New Testament, and Systematic Theology.
- A minimum of 60 units of coursework, at least 48 units in mental health counseling.
- Complete a Master of Arts capstone project for the MA in MHC, which is completion of an internship or an acceptable thesis on an approved topic, exhibiting the ability to do competent research, to think critically, and to communicate effectively in the area of emphasis. The thesis may be for 0-3 units, applicable to the student's program.
- Students should consult with the department faculty to ensure that requisite course work is met for state licensure.

MA in MHC Requirements

Program Prerequisites If Needed

9 units of coursework including Introduction to Psychology, Statistics, and Abnormal or Developmental Psychology

Program Curriculum

Code	Title	Hours
Biblical and Theological Foundations		11
CO 6710	Counseling and Theological Worldview: Faith and Practice	3
ID 5000	Biblical Theology and Interpretation	2
ST 5211	Theology 1: The God of the Gospel: From the Father	2
ST 5212	Theology 2: The God of the Gospel: Through the Son	2
ST 5213	Theology 3: The God of the Gospel: In the Holy Spirit	2
Mental Health Counseling Core		33
CO 5081	Counseling Residency: Orientation to the Field and Professional Identity Development	0
CO 5210	Counseling Skills Training	3
CO 5310	Counseling Strategies: Theory, Treatment, and Technique	3
CO 5400	Foundations of Mental Health Counseling	3
CO 6110	Career Counseling	3
CO 6130	Group Counseling	3
CO 6510	Human Growth and Development	3
CO 6650	Multicultural Issues in Counseling	3
CO 6720	Ethics & Issues in Counseling	3
CO 7210	Assessment and Evaluation	3
CO 7450	Psychopathology	3
CO 7900	Research Methods	3
Mental Health Counseling Electives		12-14
Select 12-14 units of mental health counseling electives		
Formation Group		0
ID 5080	Formation Group (two semesters, need not be consecutive)	0
Capstone in MHC		6-8
CO 6950	Counseling Practicum	2
Select one option from the following:		4-6
Internship Option:		
CO 7961 & CO 7962	Mental Health Counseling Internship I and Mental Health Counseling Internship II	
International Counseling Internship:		
CO 7969	International Counseling Experience	
Total Hours		62