

PSYCHOLOGY MAJOR

The Psychology major is designed to provide an understanding and perspective of professional psychology as well as the challenges and problems of living. The major is a foundational study for graduate school and for everyday life.

Program Outcomes:

Students completing a Bachelor of Arts degree in *Psychology* will be able to:

- compare favorably with students in similar programs
- evaluate scientific philosophies and theories within a Christian framework
- integrate Christian and psychological perspectives
- apply scientific concepts and analyses to psychological problems and employ problem-solving skills to specific psychological phenomena/situations
- evaluate research methods including design, statistical analysis, and psychometric methods
- think scientifically, distinguishing observations from conclusions as well as theories and findings based upon evidence from those without such support
- relate the study of psychology to contemporary society, making a significant contribution to church and community
- identify with and become actively involved in psychology focused activities
- explore inherent tensions in social science and psychology as it relates to theology and their experience of faith

Requirements total 48 hours. This includes 27 from required Psychology courses and 21 hours of Psychology electives. At least one credit hour of experiential education must be taken (PSY 345, PSY 445, or PSY 470X). Up to seven of the required hours may be used to meet general education requirements. The capstone course PSY 441 will also fulfill the general education requirement of IDS 499X. The Organizational Leadership Emphasis (OLE) requires 18 of the 21 elective hours to be taken in the emphasis.

Code	Title	Hours
Required Courses		
PSY 140	Introduction to Psychology	3
PSY 141	Psychology Seminar	1
PSY 285X	Statistics	4
PSY 346X	Research Methods and Design	3
PSY 441	Psychology Senior Seminar ⁵	1
Developmental Psychology Course		
Select one of the following:		3
PSY 335	Child Development	
PSY 337	Psychology of Adolescence	
PSY 339	Adult Development	
Theory Courses		
Select two of the following:		6
PSY 300	Personality Theories	
PSY 320	Theories of Learning	
PSY 350X	Social Psychology	

Application Course

Select one course corresponding to one of the chosen theory courses above: 3

PSY 355	Group Dynamics (taken after PSY 350X)
PSY 372	Cognitive Behavioral Psychology (taken after PSY 320)
PSY 400	Therapeutic Psychology (taken after PSY 300)

Integrative Course

PSY 430 Psychology of Religion 3
or PSY 440 Integration of Psychology and the Christian Faith

Elective Courses

Each student must complete at least one hour of professional experience (experiential education). An internship is required for students majoring in Psychology unless the professional experience requirement is completed in another way (e.g., in another major). See footnote #3 below.

Select 21 credits of the following: 21

PSY 170X	Leadership Dynamics
PSY 210	Life Planning
PSY 220	Interpersonal Skills Training
PSY 228X	Sport and Wellness Psychology
PSY 230	Crisis Intervention
PSY 240	Human Sexuality
PSY 250	Contemporary Issues Psychology
PSY 251	Topics in Counseling Psychology
PSY 255	Psychology of Addiction
PSY 260X	Educational Psychology/Human Development
PSY 300	Personality Theories ¹
PSY 305	Organizational Psychology
PSY 310	Abnormal Psychology
PSY 320	Theories of Learning ¹
PSY 335	Child Development ²
PSY 337	Psychology of Adolescence ²
PSY 339	Adult Development ²
PSY 345	Internship I ³
PSY 350X	Social Psychology ¹
PSY 355	Group Dynamics ⁴
PSY 356	Conflict Management
PSY 360X	Introduction to Social Work
PSY 372	Cognitive Behavioral Psychology ⁴
PSY 374	Physiological Psychology
PSY 400	Therapeutic Psychology ⁴
PSY 420X	Advanced Interpersonal Skills Training
PSY 430	Psychology of Religion
PSY 440	Integration of Psychology and the Christian Faith
PSY 445	Internship II ³
PSY 450	Independent Study
PSY 460	Thesis
PSY 470X	Leadership Dynamics Practicum ³

Total Hours 48

¹ May be used to fulfill the one of the two theory requirements.

- ² May be used to fulfill the development requirement.
- ³ May be used to fulfill the professional experience requirement.
- ⁴ May be used to fulfill the one application course requirement, provided that the chosen theory course with which it corresponds is also taken. The student is strongly advised to take the corresponding application course after the chosen theory course, but it is not required; however, in the case of PSY 400, PSY 300 is a prerequisite.
- ⁵ May be used to fulfill the integrative requirement.

Counseling Psychology Emphasis

Course selections must include 18 hours in Psychology as part of the 47-hour requirement for the Psychology major.

The Counseling Psychology Emphasis (CPE) has been created for Psychology Majors who wish to focus their course selections on those that will prepare them for further training in the people helping professions.

Code	Title	Hours
Required Courses		
PSY 300	Personality Theories	3
PSY 310	Abnormal Psychology	3
Select one of the following: 3		
PSY 220	Interpersonal Skills Training	
PSY 230	Crisis Intervention	
PSY 240	Human Sexuality	
PSY 251	Topics in Counseling Psychology	
PSY 255	Psychology of Addiction	
Select two of the following: 6		
PSY 345/445/470X	Internship I (counseling related only)	
PSY 355	Group Dynamics	
PSY 356	Conflict Management	
PSY 372	Cognitive Behavioral Psychology	
PSY 374	Physiological Psychology	
PSY 420X	Advanced Interpersonal Skills Training	
PSY 360X	Introduction to Social Work	3
or PSY 400	Therapeutic Psychology	
Total Hours		18

PSY 140 is a prerequisite for all 300-level PSY courses.

Health Psychology Emphasis

Course selections must include 26 hours from the Psychology required courses, and the following 25-29 required hours of the emphasis.

The Health Psychology Emphasis (HPE) has been created for Psychology majors who wish to gain foundational knowledge and skills to utilize psychological principles in the assistance of a variety of persons to enhance their health as well as their compliance with strategies for healthier life choices.

Code	Title	Hours
Required Courses		
HPW 180	Introduction to Health and Wellness	3
PSY 140	Introduction to Psychology	3
PSY 372	Cognitive Behavioral Psychology	3

PSY 374	Physiological Psychology	3
BIO 140	Survey of Human Anatomy and Physiology	4-8
or BIO 340 & BIO 341	Human Anatomy and Physiology I and Human Anatomy and Physiology II	
HS 201	Physiology of Exercise	3
or HS 202	Nutrition	
Select two of the following:		6
HPW 228X	Sport and Wellness Psychology	
PSY 240	Human Sexuality	
PSY 250	Contemporary Issues Psychology	
PSY 255	Psychology of Addiction	
Suggested Courses		
PSY 320	Theories of Learning	
PSY 345/445/470X	Internship I (Health Psychology)	
PSY 350X	Social Psychology	
Total Hours		25-29

Organizational Leadership Emphasis

Course selections must include 26 hours from the Psychology required courses, and the following 18 required hours of the emphasis.

The Organizational Leadership Emphasis (OLE) is an emphasis within the Psychology Major that has been created for qualified students who seek to grow in the servant leadership of others across broad contexts.

With a dual emphasis on both theory and practice the OLE gives students an opportunity to develop and refine their philosophy of leadership as well as test it in the real world. Students are prepared for an organizational leadership practicum by gaining exposure to a variety of courses that systematically prepare them to be successful as Servant Leaders.

The Leadership Minor (LM - 24 hours) is open to any student who wishes to go beyond the Organizational Leadership Emphasis (OLE) and must choose either the OLE in the Psychology major or choose the Leadership Minor (see details in the catalog), but not both.

Psychology courses (PSY prefix) used in the Leadership Minor count directly towards the requirements for the Psychology Major.

Code	Title	Hours
Introduction to Leadership (choose one option):		
LR 170X	Leadership Dynamics	3
OR		
LR 173 & LR 174	Emerging Leadership I and Emerging Leadership II	
Required Courses		
PSY 220	Interpersonal Skills Training	3
PSY 378X	Servant Leadership	3
PSY 420X	Advanced Interpersonal Skills Training	3
Elective (choose one):		3
BUS 346	Organizational Behavior	
or PSY 310	Organizational Psychology	
BUS 353	Management of Change	
COM 334	Group and Organizational Communication	
PSY 305	Organizational Psychology	

PSY 356	Conflict Management	
Leadership Practicum (choose one):		3
LR 470X	Leadership Dynamics Practicum	
OR		
Combination of LR 220, LR 420, LR 440		
Total Hours		18