

# PSYCHOLOGY

The Psychology Department of Trinity International University exists to bring honor and glory to God by educating men and women in the content and procedures of the discipline of psychology consistent with an orthodox Christian faith. We encourage learners to study the theories and research about the human person in light of biblical revelation. We maintain that the study of psychology is an affirmation of our stewardship to investigate and marvel at the wonders of God's handiwork and to confront the tragic impact of human fallenness with the intent to provide restorative efforts as participants in God's redemptive truths.

When humanity fell into sin, all of life was impacted, including how we as humans relate to one another. Issues such as racism, poverty, divorce, and criminal behavior all arose because of the Fall. Social sciences-disciplines help the student gain an understanding of the impact of sin on our world and provide a means to study where we are in our relationships with one another and how to make the changes necessary to bring about a society that meets God's expectations. We believe that it is only through knowing the depth of the problems that exist that Christians can seriously tackle these issues in a manner that brings glory to God and leads to a social world that reflects what God intended—a world in which all interactions are based in love for one another.

In preparing students for graduate school, the workplace, the community, their church, and their family life, we encourage them to explore and develop their values, interests, and abilities as thoughtful learners, to mature as authentic people, and to hone their critical thinking skills and problem-solving capabilities to function well beyond the degree-seeking years. We stand committed to lead ourselves and the learners entrusted to us in scholarly endeavors that will ultimately transform our lives as we allow ourselves to be guided by God's Spirit.

Also, Trinity offers a dual degree (<http://catalog.tiu.edu/trinity-college/academic-life/accelerated-dual-degree-programs/ba-psychology-counseling-emphasis-ma-mental-health-counseling/>) combining the psychology major (Counseling Psychology Emphasis) at Trinity College with a Master of Arts in Mental Health Counseling at Trinity Evangelical Divinity School. See the dual degree section of the catalog.

## Majors

- BA in Psychology with the Counseling Psychology Emphasis (CPE) and MA in Mental Health Counseling (MHC) (<http://catalog.tiu.edu/trinity-college/academic-life/accelerated-dual-degree-programs/ba-psychology-counseling-emphasis-ma-mental-health-counseling/>)
- Psychology Major (<http://catalog.tiu.edu/trinity-college/academic-life/majors-minors-department/psychology/psychology-major/>)

## Minors

- Health Psychology Minor (<http://catalog.tiu.edu/trinity-college/academic-life/majors-minors-department/psychology/health-psychology-minor/>)
- Psychology Minor

Students may receive recognition for a Psychology Minor by completing 24 hours with a PSY prefix if they are not completing the prescribed minor in the Psychology Department (i.e., Health

Psychology) or completing the Leadership Minor, which is listed in Interdisciplinary Studies (IDS).

## Courses

### PSY 140 Introduction to Psychology - 3 Hours

A survey of the field of psychology: major orientations (neurobiological, behavioral, cognitive, psychoanalytic, and humanistic); historical developments; views of personhood; scientific procedures; and relevance to everyday life. Prerequisite for all 300- and 400-level psychology courses, with exceptions by permission of appropriate instructor, or online or Florida undergraduate advisor. Offered each semester for Deerfield traditional undergraduate; other modes as scheduled. Delivery mode: Deerfield traditional undergraduate, online, Florida undergraduate and Waupun Initiative.

### PSY 141 Psychology Seminar - 1 Hour

This course is designed for students in psychology to develop their use of information technology and become familiar with psychological resources and report writing techniques. Students will also develop coping skills useful in their academic endeavors, as well as investigate the diverse career and educational paths for those graduating with an undergraduate degree in psychology. Offered fall semester for Deerfield traditional undergraduate; online as scheduled. Delivery mode: Deerfield traditional undergraduate, online.

### PSY 170X Leadership Dynamics - 3 Hours

This course will study the vital role and responsibilities of leaders within various organizations. Emphasis will be given to the study of a biblical concept of leadership, various leadership styles, spiritual gifts, personal development, leadership management, administration/delegation, change management, conflict management, and development of leadership staff. Offered spring semester for Deerfield traditional undergraduate. Cross-listed with LR 170X. Delivery mode: Deerfield traditional undergraduate.

### PSY 210 Life Planning - 3 Hours

A personal investigation of the development tasks of young adulthood coupled with an exploration of vocational development. Emphasis is placed on personal application and growth. Offered spring semester for Deerfield traditional undergraduate. Delivery mode: Deerfield traditional undergraduate.

### PSY 220 Interpersonal Skills Training - 3 Hours

A skills training approach to the development of interpersonal relationships. Students will learn skills in expressing themselves, active listening, responding, supporting, and challenging in nonjudgmental ways through group experiences. Students will have the opportunity to evaluate their interpersonal style, will receive input from each other, and make changes in the way they interact with others. Prerequisites for Deerfield traditional undergraduate: Three credit hours in Psychology and at least sophomore standing. Offered each semester for Deerfield traditional undergraduate; other modes as scheduled. Delivery mode: Deerfield traditional undergraduate, Florida undergraduate and Waupun Initiative.

### PSY 228X Sport and Wellness Psychology - 3 Hours

A study of the psychological and mental factors that influence and are influenced by participation and performance in sport, exercise, and physical activity, and the application of the knowledge gained through this study to everyday settings. Prerequisite: PSY 140. Offered spring semester for Deerfield traditional undergraduate. Cross-listed with HPW 228X. Delivery mode: Deerfield traditional undergraduate.

**PSY 230 Crisis Intervention - 3 Hours**

A lecture/discussion seminar dealing with issues of people in crisis, crisis intervention, stress, and stress management. Emphasis will be on the practical aspect of helping people in distress. Prerequisite: Three credit hours in Psychology and at least sophomore standing. Offered fall semester for Deerfield traditional undergraduate; online as scheduled. Delivery mode: Deerfield traditional undergraduate, Florida undergraduate, online.

**PSY 240 Human Sexuality - 3 Hours**

Interdisciplinary examination of the physiological, cultural, and psychological bases of human sexual behavior with attention devoted to the student's development of a personal perspective toward sexuality that integrates Christian faith and moral integrity. Offered spring semester for Deerfield traditional undergraduate; online as scheduled. Delivery mode: Deerfield traditional undergraduate, online.

**PSY 250 Contemporary Issues Psychology - 3 Hours**

A seminar composed of student and faculty desiring to pursue a topic of mutual interest. Preference will be given to issues that are timely and that involve the relating of psychology to the needs of society or the resolution of conflicts within the field of psychology. May be repeated for credit. Offered on demand for Deerfield traditional undergraduate. Delivery mode: Deerfield traditional undergraduate.

**PSY 251 Topics in Counseling Psychology - 3 Hours**

A seminar focusing on a selected topic specific to the area of counseling psychology. May be repeated for credit if topic varies. Offered on demand for Deerfield traditional undergraduate. Delivery mode: Deerfield traditional undergraduate.

**PSY 255 Psychology of Addiction - 3 Hours**

A survey of various forms of addictive behavior (drug, alcohol, sex, gambling, food, relationship, and others). Numerous theoretical approaches to addiction and the addictive personality are considered. Individual, family, group (including Twelve Step programs), behavioral modification, and other possible treatment interventions are assessed. Offered fall semester for Deerfield traditional undergraduate; other modes as scheduled. Delivery mode: Deerfield traditional undergraduate, online, Florida undergraduate, and Waupun Initiative.

**PSY 260X Educational Psychology/Human Development - 3 Hours**

A survey of the theories and philosophies of learning and human development in children and adolescents. Emphasis is placed on the cognitive processes associated with learning and the factors that influence motivation and engagement of children and adolescents. The learning and motivation of diverse populations is addressed through the lens of Universal Design for Learning. Prerequisite: ED 101 or three credit hours in psychology and at least sophomore standing. Cross-listed with ED 260X. This fulfills one (1) service learning requirement (equivalent to IDS 106) if the course is completed with a grade of C or higher and the required service hours are documented. Offered fall semester. Delivery mode: Deerfield traditional undergraduate, Florida non-traditional undergraduate.

**PSY 280X Introductory Statistics - 3 Hours**

An examination of both descriptive and inferential statistics. Specific topics include the scientific method, data analysis and production, measures of central tendency and variability, correlation and regression, random sampling and probability, nonparametric inferential tests, and parametric inferential tests including one-way analysis of variance. Credit obtained in this course does not fulfill the major requirements in psychology (for Deerfield traditional and Florida undergraduates) or business (for Deerfield traditional undergraduates) or the minor requirement in sociology. (Florida undergraduate business majors take PSY 280X as part of the major.) Offered each semester for Deerfield traditional undergraduate; other modes as scheduled. Computer fee. Delivery mode: Deerfield traditional undergraduate and Florida undergraduate.

**PSY 282 Introduction to SPSS - 1 Hour**

Examination of SPSS for Windows, including topics in statistical analysis and data management useful to social science majors. Not appropriate for students who have taken or are enrolled in PSY 285X (MA 285X). Offered each semester. Computer fee for Deerfield traditional undergraduate. Delivery mode: Deerfield traditional undergraduate.

**PSY 285X Statistics - 4 Hours**

An examination of both descriptive and inferential statistics. Specific topics include the scientific method, data analysis and production, measures of central tendency and variability, correlation and regression, random sampling and probability, nonparametric inferential tests, and parametric inferential tests including one-way analysis of variance. Specific instruction and computer experience in the use of SPSS is provided. Offered each semester for Deerfield traditional undergraduate; other modes as scheduled. Computer fee. Cross-listed with BIO 285X, MA 285X, SOC 285X. Delivery mode: Deerfield traditional undergraduate, online, and Florida undergraduate.

**PSY 300 Personality Theories - 3 Hours**

This course acquaints students with theories and theorists having the greatest impact on the understanding of human personality. Some theories covered will be those developed by Freud, Jung, Adler, Rogers, Erikson, and Allport. Personality assessment, current personality research, and philosophical approaches to theory-building will also be discussed. Prerequisite: PSY 140. Offered fall semester for Deerfield traditional undergraduate; other modes as scheduled. Delivery mode: Deerfield traditional undergraduate, online, and Florida undergraduate.

**PSY 305 Organizational Psychology - 3 Hours**

Experientially based survey of the psychological principles that apply to social and organizational situations. Practicality is emphasized for those in supervisory, management, or leadership responsibilities in any setting (e.g., church, business, government). Prerequisite: PSY 140. Offered spring semester in odd-numbered years for Deerfield traditional undergraduate; other modes as scheduled. Delivery mode: Deerfield traditional undergraduate and Florida undergraduate.

**PSY 310 Abnormal Psychology - 3 Hours**

A study of history, definitions, and issues related to abnormal behavior. Major emphasis is on behavioral, existential, and physiological approaches. Prerequisite: PSY 140. Offered spring semester for Deerfield traditional undergraduate; other modes as scheduled. Delivery mode: Deerfield traditional undergraduate, online, and Florida undergraduate.

**PSY 315 Life Assessment - 3 Hours**

This course focuses on the development of self-understanding and preparation for the future. Issues of background, personality and temperament, learning style, identity, life experience and vocation will be examined. The role of autobiography as a means for self-assessment will be explored. Delivery mode: Florida undergraduate.

**PSY 320 Theories of Learning - 3 Hours**

A study of the philosophy, history, methodology, theory, and research of learning and motivation. Applications of learning principles to a variety of contexts. Prerequisite: PSY 140. Offered fall semester for Deerfield traditional undergraduate; other modes as scheduled. Delivery mode: Deerfield traditional undergraduate, online, and Florida undergraduate.

**PSY 330 Developmental Psychology - 3 Hours**

An interdisciplinary study of human development from childhood through adolescence. Physical, cognitive, and personality development will be examined. Prerequisite: PSY 140. Cannot be counted for credit in conjunction with PSY 337. Delivery mode: Florida undergraduate.

**PSY 335 Child Development - 3 Hours**

A study of human development as the product of both maturational and environmental influences. Emphasis is on the theories and research findings that pertain to preadolescence. Biological and environmental factors regarding physical, perceptual, cognitive, social, moral, and emotional development will be discussed. Prerequisite: PSY 140. Offered spring semester in odd-numbered years for Deerfield traditional undergraduate. Delivery mode: Deerfield traditional undergraduate.

**PSY 337 Psychology of Adolescence - 3 Hours**

An interdisciplinary study of human development from puberty to early adulthood. Physical, cognitive, and personality development will be examined, both from the social and research point of view, while application will be encouraged for students who plan to work with adolescents. Special emphasis will be placed on the characteristics and needs of early adolescents and the role of professionals in the assessment, coordination, and referral of students to health/social service. Prerequisite: PSY 140; Education majors may substitute ED 260X/PSY 260X for PSY 140 as a prerequisite. Offered each semester for Deerfield traditional undergraduate; other modes as scheduled. Delivery mode: Deerfield traditional undergraduate, online, and Florida undergraduate.

**PSY 339 Adult Development - 3 Hours**

A study of human development encompassing adolescence through old age. Physical, perceptual, cognitive, social, and emotional changes will be considered along with major issues and life decisions faced during adulthood. Prerequisite: PSY 140. Offered spring semester in even-numbered years for Deerfield traditional undergraduate; other modes as scheduled. (Not open to students with credit in PSY 336.) Delivery mode: Deerfield traditional undergraduate and Florida undergraduate.

**PSY 345 Internship I - 1-6 Hours**

Provides the students with opportunities to apply various principles of psychology learned in previous coursework to actual settings with a chosen population at an agency or organization. Direct supervision is provided by onsite personnel, and overall progress is monitored by a faculty member. Normally a junior year experience. May be used as psychology elective hours. Satisfies the professional experience requirement for psychology majors. Offered in any semester or session for Deerfield traditional or online undergraduate. Delivery mode: Deerfield traditional undergraduate. Online students register as traditional students.

**PSY 346X Research Methods and Design - 3 Hours**

This course introduces students to the uses and varieties of research methods in the social sciences. Students will gain experience in designing and interpreting research and will become sophisticated consumers of research by recognizing strengths and limiting liabilities of research methods. At the end of the course, students should feel comfortable reading and reviewing the research of others, and be capable of proposing and carrying out their own research projects. Majors are strongly encouraged to complete this course no later than their junior year. Prerequisites: PSY 140 and PSY 285X. Offered spring semester for Deerfield traditional undergraduate; other modes as scheduled. (Not open to students with credit in PSY 340.) Cross listed with SOC 346X. Delivery mode: Deerfield traditional undergraduate, online, and Florida undergraduate.

**PSY 350X Social Psychology - 3 Hours**

A study of the interrelationships between the individual and social groups. Topics include the formation of attitudes and attitude change, the nature of groups and group processes, and theoretical perspectives of social psychology. Prerequisite: PSY 140 or SOC 101. Offered fall semester for Deerfield traditional undergraduate. Cross-listed with SOC 350X. Delivery mode: Deerfield traditional undergraduate.

**PSY 355 Group Dynamics - 3 Hours**

An interdisciplinary course in the social psychology of small groups, with emphasis on understanding and analyzing patterns of group interaction. A study of social forces that lead to group formation, leadership, decision making, problem solving, cohesion, and disintegration. Prerequisites: SOC 101 or PSY 140. Offered spring semester in odd-numbered years for Deerfield traditional undergraduate. Delivery mode: Deerfield traditional undergraduate.

**PSY 356 Conflict Management - 3 Hours**

This course surveys the dynamics of conflict from a variety of perspectives, emphasizing a Biblical understanding of interpersonal communication and conflict management. This course also addresses various theories of communication, verbal and nonverbal messages, and specific strategies to address conflicted situations, whether the conflict is interpersonal or organizational. Prerequisite: PSY 140. Offered on demand for Deerfield traditional undergraduate; other modes as scheduled. Delivery mode: Deerfield traditional undergraduate, online, and Florida undergraduate.

**PSY 360X Introduction to Social Work - 3 Hours**

A study of social casework principles, procedures and philosophy, welfare history and administration. Related to a biblical view of humanity and the helping process. Prerequisite: PSY 140 or SOC 101. Offered fall semester in even-numbered years for Deerfield traditional undergraduate. Cross-listed with SOC 360X. Delivery mode: Deerfield traditional undergraduate.

**PSY 371 Dynamics of Group Behavior - 4 Hours**

Students will examine small group behavior and how it affects organizational effectiveness. The structure and function of groups within various types of organizations, including businesses and churches will be considered. Group formation, teams, group roles, decision making, problem solving, conflict resolution, cohesion and disintegration are explored. Prerequisites: IDS 105, at least three credits in English composition, and at least sophomore standing. Delivery mode: Florida undergraduate.

**PSY 372 Cognitive Behavioral Psychology - 3 Hours**

An exposure to the philosophy and methodology of psychology as a cognitive behavioral science. Methodological, radical, and contemporary cognitive behaviorism will be presented, with emphasis on social learning theory, cognitive psychology, self-efficacy theory, and the psychology of consciousness. Prerequisite: PSY 140. Offered spring semester in odd-numbered years for Deerfield traditional undergraduate; online as scheduled. Delivery mode: Deerfield traditional undergraduate, online.

**PSY 374 Physiological Psychology - 3 Hours**

A study of the physiological bases of behavior. Topics include sensory coding, the control of movement, sexual development, hunger and thirst, vision and hearing, sleep, emotions, learning and memory, language, and mental disorders. The role of physical and psychological causes of behavior and their interaction are also considered. Prerequisite: PSY 140. Offered fall semester in odd-numbered years for Deerfield traditional undergraduate. Delivery mode: Deerfield traditional undergraduate.

**PSY 375X Foundations of Christian Counseling - 3 Hours**

This course familiarizes the student with the principles and techniques of counseling in ministry settings with a focus on counselor characteristics, problem-management skills, common counseling problems, multicultural dynamics, and various issues involved in the counseling process. Special emphasis will be placed on the unique contribution of biblical truths to counseling. Prerequisites: BI 101 and BI 111. Cross-listed with CM 375X. Delivery mode: Florida undergraduate and Waupun Initiative.

**PSY 378X Servant Leadership - 3 Hours**

This course is designed to move the student from theory to practice as it relates to being a Servant Leader (SL). Emphasis will be given to the strategic and tactical aspects of Servant Leadership with a pervasive focus given to evidencing a SL ethic. Servant Leader domains covered include: valuing people, developing people, displaying oneself authentically, building community, providing and sharing leadership. Prerequisite: LR 170X or LR 173/174. Offered fall semester in odd-numbered years for Deerfield traditional undergraduate. Cross listed with LR 378X. Delivery mode: Deerfield traditional undergraduate.

**PSY 381 Counseling Theories - 3 Hours**

This course introduces students to both classical and current theories of counseling -- evaluating them in light of Scripture, reason, and practical relevance. Prerequisite: PSY 140 and PSY 300. Delivery mode: Florida undergraduate and Waupun Initiative.

**PSY 382 Crisis Counseling - 3 Hours**

This course introduces students to the theory and practice of crisis intervention. Issues such as grief and trauma are explored from both professional and Christian perspectives. Prerequisite: PSY 140. Delivery mode: Florida undergraduate and Waupun Initiative.

**PSY 383 Marital Counseling - 3 Hours**

A survey of various theoretical and methodological approaches to marital counseling. A particular emphasis is given to assessment strategies, problem diagnosis, and intervention techniques. Prerequisite: PSY 140. Delivery mode: Florida undergraduate and Waupun Initiative.

**PSY 384 Parent Education - 3 Hours**

A survey of various theoretical and methodological approaches to educating parents in working with children from infancy through adolescence. A particular emphasis is given to understanding, relating to, disciplining, and encouraging children throughout their lives. Delivery mode: Florida undergraduate and Waupun Initiative.

**PSY 400 Therapeutic Psychology - 3 Hours**

This course familiarizes the student with the major theoretical approaches to counseling and psychotherapy and the various disciplines involved in psychological treatment. The therapy process is examined in terms of the role of the therapist and client, material frequently addressed in therapy, some of the techniques employed, psychotherapy research, and ethical issues related to counseling. The student will examine these topics as a prospective service-provider, as well as a potential consumer of psychological services. Prerequisite: PSY 300 or PSY 310. Offered spring semester in even-numbered years for Deerfield traditional undergraduate; as scheduled. Delivery mode: Deerfield traditional undergraduate, online.

**PSY 420X Advanced Interpersonal Skills Training - 3 Hours**

An advanced course in interpersonal relationships that explores elements of group leadership. Students will have an opportunity to train other students in relationship skills, to lead groups, and to receive supervision from the professor. Prerequisite: PSY 220, and invitation of the instructor. Offered each semester for Deerfield traditional undergraduate. Cross-listed with SOC 420X. Delivery mode: Deerfield traditional undergraduate.

**PSY 430 Psychology of Religion - 3 Hours**

An overview of the research into the psychology of religion as it relates to social, economic, political, and personal behavior. Provides a theoretical framework for assessing religion, for exploring the development and role of personal faith through the lifespan, and for understanding the social and organizational frameworks for religious and moral behavior. Prerequisite: a minimum of 9 hours of psychology coursework and junior or senior standing. Offered spring semester in even-numbered years for Deerfield traditional undergraduate. Delivery mode: Deerfield traditional undergraduate.

**PSY 440 Integration of Psychology and the Christian Faith - 3 Hours**

A discussion seminar on foundational integrative methodologies regarding the discipline of psychology and Christian faith. Emphasis will be on practical applications to situations confronting the Christian today. Prerequisite: a minimum of 15 hours of psychology coursework. Offered spring semester in odd-numbered years for Deerfield traditional undergraduate; other modes as scheduled. Delivery mode: Deerfield traditional undergraduate, online, and Florida undergraduate.

**PSY 441 Psychology Senior Seminar - 1 Hour**

Capstone course for the Psychology major (or the Social Science major for students focusing on courses in Psychology). This course prepares students for making the transition to vocation and/or graduate study, reviews the APA guides for ethics and publication form, assesses basic knowledge in the field of psychology and stabilizes the student's perspective on the integration of psychology and their Christian faith. Prerequisite: senior standing. This course fulfills the IDS 499X Integrative Thought Capstone requirement for students in the Psychology major. Delivery mode: Deerfield traditional undergraduate. Online students register as traditional students.

**PSY 445 Internship II - 2-6 Hours**

Provides the students with advanced opportunities to apply various principles of psychology learned in previous coursework or a previous internship experience to actual settings with a chosen population at an agency or organization. Direct supervision is provided by onsite personnel, and overall progress is monitored by a faculty member. Normally a senior year experience. May be used as psychology elective hours. May be repeated for credit, but total internship credit is limited to 12 hours. Satisfies the professional experience requirement for psychology majors. Offered in any semester or session for Deerfield traditional or online undergraduate. Delivery mode: Deerfield traditional undergraduate. Online students register as traditional students.

**PSY 450 Independent Study - 1-4 Hours**

Research and specialized studies designed to meet the needs of individual students. Prerequisite: consent of the instructor. Offered on demand for Deerfield traditional undergraduate. Delivery mode: Deerfield traditional undergraduate.

**PSY 460 Thesis - 3-6 Hours**

Independent research designed and conducted under psychology faculty supervision and completed as a professional style paper. Prerequisite: PSY 340. Offered to individual students with senior standing on demand for Deerfield traditional undergraduate. Permission of department required. Delivery mode: Deerfield traditional undergraduate.

**PSY 470X Leadership Dynamics Practicum - 1-6 Hours**

An advanced application course in leadership dynamics. Students will integrate leadership theory with experience in a practical setting, either on or off campus. Program specifics should allow students to practice all areas of leadership, including planning, implementation, and supervision. Practical experiences must be approved by the chair of either the Business or Psychology department. Enrollment is contingent upon completion of the College's internship contract, including the stipulation of course requirements. May be repeated for up to twelve total hours of credit. Prerequisite: Junior or senior standing and enrollment in an academic leadership program: the OL emphases, minors in either leadership or the practical leadership endorsement. Cross-listed with LR 470X. Offered each semester for Deerfield traditional undergraduate. Delivery mode: Deerfield traditional undergraduate.